

October 2026

96 Mariner Point
 Clinton, TN 37716
 (865)457-3259

Senior Nutrition Lunch is served daily from 12pm to 1pm Monday through Friday

			Thursday	Friday
			1	2
ZUMBA BEGINNER CLASSES START IN OCTOBER! THURSDAYS AT 10:30AM.	WELCOME TO FALL!	BUSY MONTH....GET READY FOR SOME FUN AND ACTIVITIES!	10am Technology with Jesse from the Library 10am Stretching with Rebecca 10:30am Zumba (sitting) Beginner with Robyn or Rebecca 10:30am Bible Study 12:30-3:30pm Google Chromebook Class 1pm Painting Class	 ANDERSON COUNTY SENIOR FALL COUNTRY FAIR! 10am – 12:30pm ART RIBBON JUDGING AND RAFFLE WINNERS. ENDING AT 12:30PM KISS THE PIG CONTEST WINNER 11:45am LUNCH 12pm 10am Mandolin Class 11am Strength with a Smile with Tiny Barbells CANCELED 12:30-3:30pm Google Chromebook Class

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Monday	Tuesday	Wednesday	Thursday	Friday
5	6	7	8	9
9am Mandolin 9:30am-12pm Quilting for Beginners 10am Guitar 11:15am Strength with a Smile with Tiny Barbells 12:30pm Grow Your Know: Online Shopping and Facebook with Connected Nations 1pm Beginner Mahjong 2-3:30pm Intermediate Line Dancing	10am The Crafty Patch 10:30am Bible Study 12pm Music by Wade 1-2pm Intermediate Line Dance 1pm BINGO! by Ann Backus 2-3pm Beginner Line Dancing (closed to new participants until Fall 2026)	10am Crochet & Knit 11am Strength with a Smile with Tiny Barbells 1-3pm Intermediate Line Dancing 12:30pm Grow Your Know: Personal Safety with Anderson County Sheriff's Office 1:30pm BINGO! by Hand N Hand	10am Technology with Jesse from the Library 10am Stretching with Rebecca 10:30am Zumba (sitting) Beginner with Robyn or Rebecca 10:30am Bible Study 12:30-3:30pm Google Chromebook Class 1pm Painting Class	10am Mandolin Class 11am Strength with a Smile with Tiny Barbells 12:30-3:30pm Google Chromebook Class

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Monday	Tuesday	Wednesday	Thursday	Friday
12	13	14	15	16
9am Mandolin 9:30am-12pm Quilting for Beginners 10am Guitar 11:15am Strength with a Smile with Tiny Barbells 1pm Beginner Mahjong 2-3:30pm Intermediate Line Dancing	10am The Crafty Patch 10:30am Bible Study 12pm Music by Wade 1-2pm Special Line Dance 2-3pm Beginner Line Dancing (closed to new participants until Fall 2026)	DOUBLE BINGO DAY! 10am Crochet & Knit 10:30am MORNING BINGO by Surprise Guests! 11am Strength with a Smile with Tiny Barbells 11-2 Hair by Heather 12:30pm GROW YOUR KNOW: Follow up presentation based upon September's response presented by Chaplain Mark Hicks from Suncrest Hospice 1-3pm Intermediate Line Dancing 1:30pm BONUS BINGO by Surprise Guests!	10am Technology with Jesse from the Library 10am Stretching with Rebecca 10:30am Zumba (sitting) Beginner with Robyn or Rebecca 10:30am Bible Study 12:30-3:30pm Google Chromebook Class 1pm Painting Class	10am Mandolin Class 11am Choir 11am Strength with a Smile with Tiny Barbells 12:30-3:30pm Google Chromebook Class (make up class)

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Monday	Tuesday	Wednesday	Thursday	Friday
19	20	21	22	23
9am Mandolin 9:30am-12pm Quilting for Beginners 10am Guitar 11:15am Strength with a Smile with Tiny Barbells 1pm Beginner Mahjong 2-3:30pm Intermediate Line Dancing	10am The Crafty Patch 10:30am Bible Study 12pm Music by Wade 1-2pm Intermediate Line Dance 1:30pm BINGO! by American Senior Benefits 2-3pm Beginner Line Dancing (closed to new participants until Fall 2026)	10am Crochet & Knit 10:30am Morning BINGO by Alexander House 11am Strength with a Smile with Tiny Barbells 12:30pm GROW YOUR KNOW: Active Aging presented by Jim Holtslag from HealthPro Heritage 1-3pm Intermediate Line Dancing	10am Technology with Jesse from the Library 10am Stretching with Rebecca 10:30am Zumba (sitting) Beginner with Robyn or Rebecca 10:30am Bible Study 12:30-3:30pm Google Chromebook Class (make up class) 1pm Painting Class	10am Mandolin Class 11am Strength with a Smile with Tiny Barbells

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Monday	Tuesday	Wednesday	Thursday	Friday
26	27	28	29	30
9am Mandolin 9:30am-12pm Quilting for Beginners 10am Guitar 10:00 CRAFT ROOM: Pipecleaner Flowers for Fall by Sidney Enss, Director of Volunteer Engagement and Senior Center Liaison, TN Department of Disability and Aging 11:15am Strength with a Smile with Tiny Barbells 1pm Beginner Mahjong 2-3:30pm Intermediate Line Dancing	10am The Crafty Patch 10:30am Bible Study 12pm Music by Wade 1-2pm Intermediate Line Dance 1:30PM BINGO! by OOA 2-3pm Beginner Line Dancing (closed to new participants until Fall 2026)	10am Crochet & Knit 11am Strength with a Smile with Tiny Barbells 11-2 Hair by Heather 1-3pm Intermediate Line Dancing	10am Technology with Jesse from the Library 10:30am Zumba (sitting) Beginner with Robyn or Rebecca 10:30am Bible Study 1pm Painting Class	10am Mandolin Class 11am Choir 11am Strength with a Smile with Tiny Barbells 1pm HALLOWEEN CELEBRATION AND COSTUME CONTEST! 