

August 2026

Senior Nutrition Lunch is served daily from 12pm to 1pm Monday through Friday

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
9am Mandolin Class 10am-12pm Vase Painting 10am Guitar 11:15am Strength with a Smile with Tiny Barbells 2-3:30pm Intermediate Line Dancing	10am The Crafty Patch 11am Bible Study 12pm Music by Wade 12:30pm Grow Your Know: Wills and Trusts with Greg Davis 1-2pm Intermediate Line Dance 1:30pm BINGO by OOA 2-3pm Beginner Line Dancing (closed to new participants until Fall 2026)	10am Crochet & Knit 11am Strength with a Smile with Tiny Barbells 1:30pm BINGO! by Hand N Hand Home Care 1-3pm Intermediate Line Dancing	10am Technology with Jesse from the Library 11am Bible Study 12:30-3:30pm Google Chromebook Class 1pm Painting Class	10am Mandolin Class 11am Strength with a Smile with Tiny Barbells 12:30-3:30pm Google Chromebook Class 1pm Beginner Mahjong

International Autoinflammatory Awareness Month

August 2026

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Monday	Tuesday	Wednesday	Thursday	Friday
10	11	12	13	14
9am Mandolin Class 9:30am-12pm Quilting for Beginners 10am Guitar 10am Pet Food Pantry Distribution provided by SARG and AC-ARF 11:15am Strength with a Smile with Tiny Barbells 2-3:30pm Intermediate Line Dancing	10am The Crafty Patch 11am Bible Study 12pm Music by Wade 1:30pm BINGO! by Ann Backus 1-2pm Special Line Dance 2-3pm Beginner Line Dancing (closed to new participants until Fall 2026)	10am Crochet & Knit 11am Strength with a Smile with Tiny Barbells 1-3pm Intermediate Line Dancing 12:30pm GROW YOUR KNOW: UT Audiology Services 1:30pm BINGO! by Morning Point	10am Stretching with Rebecca 10am Technology with Jesse from the Library 11am Bible Study 12:30-3:30pm Google Chromebook Class 1pm Painting Class 1:30pm SINGO	10am Mandolin Class 11am Strength with a Smile with Tiny Barbells 12:30-3:30pm Google Chromebook Class 1pm Beginner Mahjong

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Monday	Tuesday	Wednesday	Thursday	Friday
17	18	19	20	21
9am Mandolin Class 9:30am-12pm Quilting for Beginners 10am Guitar 11:15am Strength with a Smile with Tiny Barbells 12:30pm Grow Your Know: Services for the Blind and Visually Impaired Independent Living Program by Sarah Gardner 1:30pm BINGO! by Greg McBroom, Anderson County Sheriff's Office 2-3:30pm Intermediate Line Dancing	10am The Crafty Patch 10:30 Morning BINGO by Premier Investigators 11am Bible Study 12pm Music by Wade 1-2pm Intermediate Line Dance 2-3pm Beginner Line Dancing (closed to new participants until Fall 2026)	10am Crochet & Knit 11am Strength with a Smile with Tiny Barbells 12:30pm Grow Your Know: Mental Health & Why It's Important by Jim with Heritage Healthpro 1-3pm Intermediate Line Dancing 1:30pm BINGO! by OOA	10am Stretching with Rebecca 10am Technology with Jesse from the Library (cancelled, Jesse on vacation) 11am Bible Study 12:30-3:30pm Google Chromebook Class 1pm Painting Class	10am Mandolin Class 11am Community Paint 11am Choir 11am Strength with a Smile with Tiny Barbells 12-4pm Mexican Train Game 12:30-3:30pm Google Chromebook Class (make up class) 1pm Beginner Mahjong

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Monday	Tuesday	Wednesday	Thursday	Friday
24	25	26	27	28
9am Mandolin Class 9:30am-12pm Quilting for Beginners 10am Guitar 11:15am Strength with a Smile with Tiny Barbells 2-3:30pm Intermediate Line Dancing	10am The Crafty Patch 11am Bible Study 12pm Music by Wade 1-2pm Intermediate Line Dance 1:30pm BINGO! By American Senior Benefits 2-3pm Beginner Line Dancing (closed to new participants until Fall 2026)	10am Crochet & Knit 11am Strength with a Smile with Tiny Barbells 1-3pm Intermediate Line Dancing 1:30pm BINGO by Allison with Health Markets	10am Stretching with Rebecca 10am Technology with Jesse from the Library 11am Community Paint 11am Bible Study 12:30-3:30pm Google Chromebook Class (make up class) 1pm Painting Class 1:30pm SINGO	10am Mandolin Class 11am Community Paint 11am Strength with a Smile with Tiny Barbells 1pm Beginner Mahjong
31	Join us for a new exercise class: Stretching with Rebecca! Thursday's at 10am beginning August 13 th			
9am Mandolin Class 9:30am-12pm Quilting for Beginners 10am Guitar 11:15am Strength with a Smile with Tiny Barbells 2-3:30pm Intermediate Line Dancing				