

May 2026

Senior Nutrition Lunch is served daily from 12pm to 1pm Monday through Friday

Monday April 27	Tuesday April 28	Wednesday April 29	Thursday April 30	Friday May 1 st
9am Mandolin Class 9:30am-12pm Sewing & Quilting 10am Guitar Class 11:15am Strength with a Smile with Tiny Barbells 12pm Bridge 2:30pm Intermediate Line Dancing	9:30am-12pm Sewing & Quilting 10am Needle Felting Basics 11am Bible Study 12pm Music by Wade 1pm Beginner Line Dance 1:30pm BINGO by Allison with Health Markets	9:30am-12pm Sewing & Quilting 9:30am Rummikub Game 10am Crochet & Knit 11am Strength with a Smile with Tiny Barbells 1pm Intermediate Line Dancing 1:30pm BINGO by Jimmy Matlock	10am Technology with Jesse from the Library 11am Community Paint 11am Bible Study 11am CHAIR YOGA BY PATRICIA FROM UT 12:30- GROW YOUR KNOW: Living with Parkinson's Disease by Jim with Healthpro 12:30 – 3:30pm Google Chromebook Class MAKE UP CLASS ONLY 1pm Acrylic Paint Class: Oceanscapes part 2	9:30-10:45am Rummikub game 10am Mandolin Class 11am Community Paint 11am Choir 11am Strength with a Smile with Tiny Barbells 12PM – 4PM MEXICAN TRAIN

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Monday	Tuesday	Wednesday	Thursday	Friday
4	5	6	7	8
9am Mandolin Class 9:30am-12pm Sewing & Quilting 10am Guitar Class 11:15am Strength with a Smile with Tiny Barbells 12:45pm GROW YOUR KNOW: Nuclear Worker Benefits Specialist Q&A with White Card Support Network 1:30pm BINGO by Ian with White Card Support Network 2:30-3:30pm Intermediate Line Dancing	9:30am-12pm Sewing & Quilting 10am The Crafty Patch 11am Bible Study 12pm Music by Wade 1-2pm Intermediate Line Dance 2-3pm Beginner Line Dancing 1pm GROW YOUR KNOW: Fall In Love With Your CPAP by Buckeye Home Medical Equipment 1:30pm BINGO by Buckeye Home Medical Equipment	9:30-10:45am Rummikub game 9:30am-12pm Sewing & Quilting 10am Crochet & Knit 11-2 Hair by Heather 11am Strength with a Smile with Tiny Barbells 1-3pm Intermediate Line Dancing 12pm Mother's Day Luncheon – sign up needed 1pm Mother's Day Flower Basket Making 1:30pm Singo Bingo: TV Theme Songs with Rebecca from Wisdom Insurance	10am Technology with Jesse from the Library 11am Bible Study 11am CHAIR YOGA BY PATRICIA FROM UT 11a.m.-3p.m. AARP Smart Driver Course (bible study room) 12:30-3:30pm Google Chromebook Class	9:30-10:45am Rummikub game 10am Woodburning Art Class: Landscape part 1 10am Mandolin Class 11a.m.-3p.m. AARP Smart Driver Course (bible study room) 11am Strength with a Smile with Tiny Barbells 12:30-3:30pm Google Chromebook Class

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Monday	Tuesday	Wednesday	Thursday	Friday
11	12	13	14	15
9am Mandolin Class 9:30am-12pm Sewing & Quilting 10am Guitar Class 10am Pet Food Pantry Distribution provided by SARG and AC-ARF 11:15am Strength with a Smile with Tiny Barbells 1pm Bridge 2:30-3:30pm Intermediate Line Dancing	9:30am-12pm Sewing & Quilting 10am The Crafty Patch 11am Bible Study 12pm Music by Wade 12:30pm GROW YOUR KNOW: What is the Yellow Dot TN Program? Presented by Bobbie Jo Henderson from EMS 1-2pm Intermediate Line Dance 1:30 BINGO by Justin with Chapman Insurance Group 2-3pm Beginner Line Dancing	9:30am-12pm Sewing & Quilting 9:30-10:45am Rummikub game 10am Crochet & Knit 11am Strength with a Smile with Tiny Barbells 12:30pm GROW YOUR KNOW: Introduction to The US Constitution by John Ragan, former state representative 1-3pm Intermediate Line Dancing 1:30pm BINGO by OOA	10am Technology with Jesse from the Library 11am Bible Study 11am CHAIR YOGA BY PATRICIA FROM UT 12pm GROW YOUR KNOW: Maxim Lunch and Learn (sign up for it by Friday May 5th) 12:30-3:30pm Google Chromebook Class 1pm Bridge 1pm Painting with Acrylics: "Moon Dreaming"	9:30-10:45am Rummikub game 10am Woodburning Art Class: Landscape part 2 10am Mandolin Class 11am Community Paint 11am Choir 11am Strength with a Smile with Tiny Barbells 12:30-3:30pm Google Chromebook Class 2pm Beginner Line Dancing


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Monday	Tuesday	Wednesday	Thursday	Friday
18	19	20	21	22
9am Mandolin Class 9:30am-12pm Sewing & Quilting 10am Guitar Class 11:15am Strength with a Smile with Tiny Barbells 1:30pm Singo Bingo: Golden Oldies with Rebecca from Wisdom Insurance 2:30-3:30pm Intermediate Line Dancing	9:30am-12pm Sewing & Quilting 10am The Crafty Patch 11am Bible Study 12pm Music by Wade 1-2pm Intermediate Line Dance 2-3pm Beginner Line Dancing 1:30pm BINGO by Ann Backus	9:30am-12pm Sewing & Quilting 9:30-10:45am Rummikub game 10am Crochet & Knit 11:30-2 Hair by Heather 11am Strength with a Smile with Tiny Barbells 1-3pm Intermediate Line Dancing 12:30pm GROW YOUR KNOW: The US Constitution- Part 2 by John Ragan, former state representative 1:30pm BINGO by Allison with Health Markets	10am Technology with Jesse from the Library 11am Community Paint 11am Bible Study 11am CHAIR YOGA BY PATRICIA FROM UT 12:30pm GROW YOUR KNOW: Living With Parkinson's Disease by Jim with Healthpro 12:30-3:30pm Google Chromebook Class 1pm Oil Pastel Paint Class: Beachscape	9:30-10:45am Rummikub game 10am Woodburning Art Class: Free Choice 10am Mandolin Class 11am Community Paint 11am Strength with a Smile with Tiny Barbells 12:30-3:30pm Google Chromebook Class (make up class only)

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Monday	Tuesday	Wednesday	Thursday	Friday
25	26	27	28	29
<p>CLOSED</p> <p>Happy Memorial Day</p> 	<p>9:30am-12pm Sewing & Quilting</p> <p>10am The Crafty Patch</p> <p>11am Bible Study</p> <p>12pm Music by Wade</p> <p>1pm Bridge</p> <p>1-2pm Intermediate Line Dance</p> <p>1pm Acrylic Paint Class: Bald Eagle Part 1</p> <p>1:30pm BINGO by OOA</p> <p>2-3pm Beginner Line Dancing</p>	<p>9:30am-12pm Sewing & Quilting</p> <p>9:30-10:45am Rummikub game</p> <p>10am Crochet & Knit</p> <p>10:30am Breakfast BINGO by Premier Investigators</p> <p>11am Strength with a Smile with Tiny Barbells</p> <p>12:30pm GROW YOUR KNOW: The US Constitution- part 3 by John Ragan, former state representative</p> <p>1-3pm Intermediate Line Dancing</p>	<p>10am Technology with Jesse from the Library</p> <p>11am Community Paint</p> <p>11am CHAIR YOGA BY PATRICIA FROM UT</p> <p>11am Bible Study</p> <p>12pm SPECIAL GUESTS: Midway Baptist Singers</p> <p>12:30-3:30pm Google Chromebook Class (make up class only)</p>	<p>9:30-10:45am Rummikub game</p> <p>10am Mandolin Class</p> <p>11am Community Paint</p> <p>11am Choir</p> <p>11am Strength with a Smile with Tiny Barbells</p>