

March 2026

Senior Nutrition Lunch is served daily from 12pm to 1pm Monday through Friday

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
9am Mandolin Class 10am Guitar Class 11:15am Strength with a Smile with Tiny Barbells 1pm – 2pm GROW YOUR KNOW: Part 3 of 4 Series Family Caregiving: What Now? Presented by Debbie Vinsant 2:30pm Intermediate Line Dancing	9:30am Junk Jewelry Making Class 11am Bible Study 11am Tai Chi 12pm Music by Wade 1pm Beginner Line Dance 1:30pm Singo Bingo by Rebecca with Wisdom Insurance	9:30am-12pm Quilting 10am Crochet & Knit 10am BINGO by Justin with Chapman Insurance Group 11:15am Strength with a Smile with Tiny Barbells 1pm Intermediate Line Dancing	10am Technology with Jesse from the Library 10:30am Boggle 11am Bible Study 11am Tai Chi 1pm Crimson and Clover painting class part 3 1pm Bridge	9am-12pm Hair by Bobbie 10am Mandolin Class 11:15am Strength with a Smile with Tiny Barbells 11am Community Paint 11am Choir 1:30pm BINGO with Judy 2pm Beginner Line Dancing

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Monday	Tuesday	Wednesday	Thursday	Friday
9	10	11	12	13
<p>9am Mandolin Class</p> <p>10am Guitar Class</p> <p>10am Pet Food Pantry Distribution provided by SARG and AC-ARF</p> <p>11:15am Strength with a Smile with Tiny Barbells</p> <p>12:30pm – 1:30pm GROW YOUR KNOW: Part 4 of 4 Series Family Caregiving: What Now? Presented by Debbie Vinsant</p> <p>1:30pm BINGO by Mia from Morning Pointe</p> <p>2:30pm Intermediate Line Dancing</p>	<p>9:30- Woodburning Art Class with Kim</p> <p>11am Bible Study</p> <p>11am Tai Chi</p> <p>12pm Music by Wade</p> <p>1pm Beginner Line Dance</p> <p>1:30pm Bean Auction! by the Law Offices of Burrell and Varsalona</p>	<p>9:30am-12pm Quilting</p> <p>10am Crochet & Knit</p> <p>11:15am- Strength with a Smile with Tiny Barbells</p> <p>12:15- GROW YOUR KNOW: ASAP TN save a life/ overdose prevention</p> <p>1pm Intermediate Line Dancing</p> <p>1:30 BINGO with Colt from Seniors Helping Seniors</p>	<p>10am Technology with Jesse from the Library</p> <p>10:30am Boggle</p> <p>11am Bible Study</p> <p>11am Tai Chi</p> <p>12:45 PM GROW YOUR KNOW: Heart Health presented by Madison Moore from the Department of Health</p> <p>1:30pm BINGO with Anne Backus</p> <p>1pm Acrylic Art class- Remember the cross part 1</p>	<p>9am-12pm Hair by Bobbie</p> <p>10am Painting Greeting Cards with Liz</p> <p>10am Mandolin Class</p> <p>11:15am Strength with a Smile with Tiny Barbells</p> <p>2pm Beginner Line Dancing</p>

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Monday	Tuesday	Wednesday	Thursday	Friday
16	17	18	19	20
9am Mandolin Class 10am Guitar Class 11:15am Strength with a Smile with Tiny Barbells 2:30pm Intermediate Line Dancing 1pm Karaoke!	9:30- Dye cutting and stamping class 11am Bible Study 11am Tai Chi 12pm Music by Wade 1pm Beginner Line Dance 1:30pm BINGO by Allison with Health Markets	9:30am-12pm Quilting 10am Crochet & Knit 11:15am Strength with a Smile with Tiny Barbells 1pm Intermediate Line Dancing 12:45- GROW YOUR KNOW with Tabitha American Senior Benefits: Protect Your Retirement or Start One. One size does not fit all.	10am Technology with Jesse from the Library 10:30am Boggle 11am Bible Study 11am Tai Chi 1pm Bridge 1:00- Painting Remember the Cross part 2	9am-12pm Hair by Bobbie 10am Mandolin Class 11am Community Paint 11am Choir 11:15am Strength with a Smile with Tiny Barbells 12-4p.m. Mexican Train (domino game) 1:30pm BINGO by Commissioner District 6 Anthony Allen 2pm Beginner Line Dancing

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Monday	Tuesday	Wednesday	Thursday	Friday
23	24	25	26	27
9am Mandolin Class 10am Guitar Class 11:15am Strength with a Smile with Tiny Barbells 1:30pm BINGO with Josh Anderson 2:30pm Intermediate Line Dancing	11am Bible Study 11am Tai Chi 12pm Music by Wade 1pm Beginner Line Dance	9:30am-12pm Quilting 10am Crochet & Knit 11:15am Strength with a Smile with Tiny Barbells 1pm Intermediate Line Dancing	10am Technology with Jesse from the Library 10:30am Boggle 11am Community Paint 11am Bible Study 11am Tai Chi 12:30 GROW YOUR KNOW Healthy eating and Nutrition with Jim Healthpro Heritage 1:00- Paint Class 1:30pm BINGO by Commissioner Denise Palmer	9am-12pm Hair by Bobbie 10am Mandolin Class 11am Community Paint 11:15am Strength with a Smile with Tiny Barbells 2pm Beginner Line Dancing
Monday	Tuesday	<p style="text-align: center;">April 1st</p> <p style="text-align: center;">“A Very Merry Unbirthday Party To ALL!”</p> <p style="text-align: center;">A super party to celebrate everyone’s birthday!</p> <p style="text-align: center;">Brought to you by volunteer Elaine B.</p>		
30	31			
9am Mandolin Class 10am Guitar Class 11:15am Strength with a Smile with Tiny Barbells 2:30pm Intermediate Line Dancing	11am Bible Study 11am Tai Chi 12pm Music by Wade 1pm Beginner Line Dance			