

December 2025

Anderson County Office on Aging & Senior Center

Monday	Tuesday	Wednesday	Thursday	Friday
1	2 CRAFT ROOM SALES ALL DAY	3	4 POT LUCK DAY!	5
9am Mandolin Class 10am Guitar Class 11am Strength with a Smile with Tiny Barbells 2:30pm Intermediate Line Dancing	8:30am – 2:30pm SNAP BENEFITS SIGN UP/MEDICAID SIGN UP/ QUESTIONS AND ANSWERS FROM LISA HUSKEY FROM ETHRA 8:30am – 3pm CRAFT ROOM SALES DAY – CRAFTS MADE BY SENIORS TO BE SOLD IN MAIN ROOM. ALL SALES ARE DIRECT DONATIONS TO THE SENIOR CENTER. 11am Bible Study 11am Drumming with Debbie 12pm Music by Wade 1pm Beginner Line Dance 1-4pm UT Audiology *appointment required* 	9:30am-12pm Quilting 10am Crochet & Knit 11am Strength with a Smile with Tiny Barbells 11:30am- 1pm SPECIAL GUEST from TN Dept on Aging: Sidney Enss is back with Keita Cole to teach Pipe Cleaner Pointsettias. Sign up sheet in the main room 12:30pm GROW YOUR KNOW: Madison Moore from the Department of Health presents an Educational Series 1:30pm BINGO by Ja'el from United Healthcare	10am Technology with Jesse from the Library 10:30am Boggle 11am Community Paint 11am Bible Study 11:45am – POT LUCK DAY IS HERE! SENIORS WILL BRING THEIR EXCELLENT COOKING SKILLS TO THE SENIOR CENTER TO SHARE. MAIN DISHES, SIDE DISHES AND DESSERTS WILL BE EXPRESSLY MADE BY OUR SENIORS. 12:45pm Devoted Health Plan presentation by Brandon Dean 1:30pm BINGO by Brandon Dean and Devoted Health Plan	9am-12pm Hair by Bobbie 10am Mandolin Class No choir (at NHC) 11am Strength with a Smile with Tiny Barbells 11am Community Paint

Monday	Tuesday	Wednesday	Thursday	Friday
8	9	10	11 LUNCH AND LEARN	12
9am Mandolin Class 10am Pet Food Distribution provided by SARG and AC-ARF 10am Guitar Class 10am GROW YOUR KNOW: Scams with Officer Greg McBroom 11am Strength with a Smile with Tiny Barbells with Debbie 2:30pm Intermediate Line Dancing	11am Bible Study 11am Drumming 12pm Music by Wade 12:45pm GROW YOUR KNOW: Stretch Your Grocery Dollars presented by Ken Lefevre from Wisdom Insurance 1pm Beginner Line Dance 1:30pm BINGO with Biloski and Miller Law	9:30am-12pm Quilting 10am Crochet & Knit 11am Strength with a Smile with Tiny Barbells with Debbie 12:30pm GROW YOUR KNOW: EMS/Emergency Preparedness presented by Nathan Sweet, Director Anderson County EMS 1:30pm BINGO by Seniors Helping Seniors	10am Technology with Jesse from the Library 10am Walk with Sharon 10:30am Boggle 11am Community Paint 11am Bible Study 12pm- GROW YOUR KNOW: RECA-Lunch and learn with Maxim <u>Sign up is mandatory so please see Judy before December 9TH to sign up for this catered lunch and learn!</u> Newly Added 1:30pm BINGO with Mayor Frank	9am-12pm Hair by Bobbie 10am Mandolin Class 11am Strength with a Smile with Tiny Barbells with Debbie 11am Community Paint 12-4pm Mexican Train

Monday	Tuesday	Wednesday	Thursday	Friday
15	16	17 CHRISTMAS FUN!	18	19
9am Mandolin Class 10am Guitar Class 11am Strength with a Smile with Tiny Barbells with Debbie 2:30pm Intermediate Line Dancing	11am Bible Study 11am Drumming 12pm Music by Wade 1pm Beginner Line Dance 1:30pm BINGO with Emerson from Shalom Hospice	9:30am-12pm Quilting 10am Crochet & Knit 11am Strength with a Smile with Tiny Barbells with Debbie CHRISTMAS LUNCHEON AND SURPRISES. UGLY CHRISTMAS SWEATER COMPETITION SENIOR CAKE WALK Choir 	10am Technology with Jesse from the Library 10am Walk with Sharon 10:30am Boggle 11am Community Paint 11am Bible Study 1p.m. GROW YOUR KNOW: Advantages of Advance Funeral Planning + Q&A by Jones Mortuary 1:30 BINGO by Jones Mortuary	9am-12pm Hair by Bobbie 10am Mandolin Class 11am Community Paint 11am Strength with a Smile with Tiny Barbells with Debbie

Monday	Tuesday	Wednesday	Thursday	Friday
22	23	24 CLOSED	25 CLOSED	26
9am Mandolin Class 10am Guitar Class 11am Strength with a Smile with Tiny Barbells with Debbie 1:30pm BINGO with Josh Anderson 2:30pm Intermediate Line Dancing	11am Bible Study 11am Drumming 12pm Music by Wade 1pm Beginner Line Dance			9am-12pm Hair by Bobbie 10am Mandolin Class 11am Community Paint 11am Strength with a Smile with Tiny Barbells with Debbie (subject to cancellation)
27	28	29	30	31
9am Mandolin Class 10am Guitar Class 11am Strength with a Smile with Tiny Barbells with Debbie 2:30pm Intermediate Line Dancing	11am Bible Study 11am Drumming 12pm Music by Wade 1pm Beginner Line Dance	9:30am-12pm Quilting 10am Crochet & Knit 11am Strength with a Smile with Tiny Barbells with Debbie 1:30 BINGO with Jessica from First Light Home Care	10am Technology with Jesse from the Library 10am Walk with Sharon 10:30am Boggle 11am Community Paint 11am Bible Study	9am-12pm Hair by Bobbie 10am Mandolin Class 11am Community Paint 11am Strength with a Smile with Tiny Barbells with Debbie