

## September 2025

| Monday                         | Tuesday  | Wednesday   | Thursday   | Friday  |
|--------------------------------|--|---|--|---|
| 1 <b>CLOSED</b>                | 2  | 3   | 4  | 5 <b>CELEBRATE GRANDPARENTS DAY!</b>  |
| <b>HAPPY<br/>LABOR<br/>DAY</b> | 11am Bible Study<br>11am <b>Big Ball Drumming</b> with Debbie<br>12pm Music by Wade<br>1pm Beginner Line Dance | 9:30am-12pm Quilting<br>10am Crochet & Knit<br>11am <b>Strength with a Smile with Tiny Barbells</b> with Debbie<br>1pm – 3pm <b>Open Studio Techniques in Painting with Debbie</b><br>1:30pm <b>BINGO</b> with Shayla with Amedisys Hospice | 10am Technology with Jesse from the Library<br>10:30am Boggle<br>11am <b>Acrylic Painting class with Jimmy Beets</b><br>11am Bible Study<br>1:30pm Smile 60+ Dental <b>BINGO</b> | 9am-2pm Hair by Bobbie<br>10am Mandolin Class<br>11am <b>Strength with a Smile with Tiny Barbells</b> with Debbie<br>11am Community Paint<br>11am – 12pm <b>GROW YOUR KNOW</b> with Keita Cole from the State of TN Nutrition Services Director & Dementia Coordinator presents <i>Dementia 101 – The Basics</i><br><b>12:30pm “Dress Opposite” contest winner!!!</b><br>1:30 Grandparents <b>BINGO</b> with Buckeyes |

## September 2025

| Monday   | Tuesday   | Wednesday   | Thursday   | Friday  |
|--|---|---|--|---|
| 8  | 9   | 10  | 11   | 12  |
| 9am Mandolin Class<br>10am <b>Pet Food Pantry</b><br>Distribution provided by<br>SARG and AC-ARF<br>10am Guitar Class<br>11am <b>Strength with a<br/>Smile with Tiny<br/>Barbells</b> with Debbie<br>11am <b>Woodburning<br/>Essentials</b> with Kim<br>Carroll<br>2:30pm Intermediate<br>Line Dancing | 10am-12pm and 2pm –<br>4pm - <b>Wills and trusts</b><br>with Greg Davis 1:1's<br>11am Bible Study<br>11am <b>Big Ball Drumming</b><br>with Debbie<br>12pm Music by Wade<br>1pm Beginner Line Dance<br>1:30 <b>BINGO</b> with Anne<br>Backus | 9:30am-12pm Quilting<br>10am Crochet & Knit<br>10am -2pm <b>RAM Mobile<br/>will be here!</b><br>11am <b>Strength with a<br/>Smile with Tiny Barbells</b><br>with Debbie<br><b>11:30-Lunch and Learn<br/>with ORNL followed by<br/>scam BINGO!!!*</b><br><u><b>*Must pre-register</b></u><br>1pm-4pm <b>Beginners<br/>Paint Class with Debbie</b><br>1pm Sign Language with<br>Ja'el from United<br>Healthcare | 10am Technology with<br>Jesse from the Library<br>10:30am Boggle<br>11am Community Paint<br>11am Bible Study<br>1pm <b>GROW YOUR KNOW</b><br><b>with special guest<br/>speaker local author<br/>Don Bell – door prizes</b><br>1pm <b>ICE CREAM SOCIAL</b><br><b>sponsored by Mayor<br/>Terry Frank</b> | 9am-2pm Hair by Bobbie<br>10am Mandolin Class<br>11am Choir Practice<br>11am <b>Strength with a<br/>Smile with Tiny Barbells</b><br>with Debbie<br>11am Community Paint |

## September 2025

| 15  | 16  | 17   | 18   | 19 <b>FREAKY FRIDAY</b>   |
|---|---|--|--|---|
| 9am Mandolin Class<br>10am Guitar Class<br>10am – 12pm Massage Therapy<br>2:30pm Intermediate Line Dancing<br>1:30 <b>BINGO</b> with Jessica from First Light Home Care | 11am Bible Study<br>11am <b>Big Ball Drumming</b> with Debbie<br>12pm Music by Wade<br>1pm Beginner Line Dance<br>1pm- <b>GROW YOUR KNOW</b> <i>Will Awareness and Estate Planning Workshop</i> with Greg Davis | 9:30am-12pm Quilting<br>10am Crochet & Knit<br>1pm-4pm <b>Beginners Paint Class with Debbie</b><br>1:30pm OOA <b>BINGO</b> | 10am Technology with Jesse from the Library<br>10:30am Boggle<br>11am <b>Woodburning Essentials with Kim Carroll</b><br>11am Bible Study<br>1:30 <b>BINGO</b> with OOA | <b>FREAKY FRIDAY DAY TRIP to Coal Creek – departs from Senior Center</b><br>9am-2pm Hair by Bobbie<br>10am Mandolin Class<br>11am Community Paint<br>11am <b>Strength with a Smile with Tiny Barbells</b> with Debbie |

## September 2025

| Monday  | Tuesday   | Wednesday  | Thursday  | Friday   |
|---|---|--|---|--|
| 22  | 23  | 24   | 25 CLOSSES AT 3PM   | 26   |
| 9am Mandolin Class<br>10am Guitar Class<br>11am <b>Strength with a Smile with Tiny Barbells</b> with Debbie<br>2:30pm Intermediate Line Dancing | 10am-12pm and 2pm – 4pm - <b>Wills and trusts</b> with Greg Davis 1:1's<br>11am Bible Study<br>11am <b>Big Ball Drumming</b> with Debbie<br>12pm Music by Wade<br>1pm Beginner Line Dance | 9:30am-12pm Quilting<br>10am Crochet & Knit<br>11am <b>Strength with a Smile with Tiny Barbells</b> with Debbie<br>12:45 <b>Mood and Food</b> with Ken Lefevre from Wisdom Insurance<br>1pm – 3pm <b>Open Studio Techniques in Painting</b> with Debbie  | 10am Technology with Jesse from the Library<br>10:30am Boggle<br>11am Community Paint<br>11am Bible Study<br>1:30- <b>BINGO</b> with Isis from Morning Pointe<br><br><b>SENIOR CENTER CLOSSES AT 3PM TODAY</b><br><b>6PM-8PM HOMECOMING DANCE WITH LIVE ENTERTAINMENT BY FREDDA VALENTINE-TEMPLES. REFRESHMENTS SERVED.</b> | 9am-2pm Hair by Bobbie<br>10am Mandolin Class<br>11am <b>Strength with a Smile with Tiny Barbells</b> with Debbie<br>11am Choir Practice |
| 29 <b>World Heart Day</b>   | 30  | Anderson County Senior Center will have its first <b>Homecoming Dance and the theme is A Night Under the Stars</b> . Come dressed for the occasion with your dancing shoes on. Enjoy the Entertainment, the ambiance and the refreshments. <b>Doors open at 6PM and the dance ends at 8PM.</b><br><b>SEPTEMBER IS SENIOR CENTER MONTH!!!! LET'S CELEBRATE!</b><br><b>September 20<sup>th</sup> is National Dance Day</b> |   |  |
| 9am Mandolin Class<br>10am Guitar Class<br>11am <b>Strength with a Smile with Tiny Barbells</b> with Debbie<br>2:30pm Intermediate Line Dancing | 11am Bible Study<br>11am <b>Big Ball Drumming</b> with Debbie<br>12pm Music by Wade<br>1pm Beginner Line Dance  |  |   |  |