



August 2025

Anderson County Office on Aging & Senior Center

Monday	Tuesday	Wednesday	Thursday	Friday
<p>August 23rd, SMOKIES GAME SATURDAY TRIP TO KNOXVILLE: GET YOUR REGISTRATION IN WITH YOUR PAYMENT! It's a giveaway day with more surprises!</p>  <p>Free lunch for Anderson County seniors is served every day from noon to 1pm.</p> <p>Crafting for a Cause is sponsored by Home Instead. See Debbie for rules and entry fee information.</p> <p>Wednesday 11am AC Allstars Dance Troupe has been cancelled due to low participation.</p>				<p>1</p> <p>9am-2pm Hair by Tami</p> <p>10am Mandolin Class</p> <p>11am Mindful Movements</p> <p>11am Choir Practice</p> <p>11am Community Paint</p> <p>1pm Bridge with Jo</p> <p>1pm Freaky Friday Fun Talk by Suzie Housely from Yes! Go Travel</p>
4	5	6	7	8
<p>9am Mandolin Class</p> <p>10am Guitar Class</p> <p>10am Walk with Debbie</p> <p>12:45 River Valley Health – Sleep presentation with giveaways</p> <p>1pm Drumming with Debbie</p> <p>1:30 OOA BINGO</p> <p>2:30pm Intermediate Line Dancing</p>	<p>10am Walk with Debbie</p> <p>11am Bible Study</p> <p>11am Mindful Movements</p> <p>12pm Music by Wade</p> <p>1pm Beginner Line Dance</p>	<p>9:30am-12pm Quilting</p> <p>10am Crochet & Knit</p> <p>1pm – 3pm Open Studio Techniques in Painting with Debbie</p>	<p>10am Technology with Jesse from the Library</p> <p>10:30am Boggle</p> <p>11am Community Paint</p> <p>11am Bible Study</p> <p>11:30am Walk with Debbie</p> <p>1pm Drumming with Debbie</p>	<p>9am-2pm Hair by Tami</p> <p>10am Mandolin Class</p> <p>11am Mindful Movements</p> <p>11am Community Paint</p> <p>1pm Bridge with Jo</p>

Monday	Tuesday	Wednesday	Thursday	Friday
11	12	13	14	15
9am Mandolin Class 10am Pet Food Distribution provided by SARG and AC-ARF 10am Guitar Class 10am Walk with Debbie 1pm Drumming with Debbie 2:30pm Intermediate Line Dancing	10am Walk with Debbie 10am-12pm and 2pm – 4pm - Wills and trust with Greg Davis 1:1's 11am Bible Study 11am Mindful Movements 12pm Music by Wade 1pm Beginner Line Dance 2pm Home Instead's "Crafting for a Cause"	9:30am-12pm Quilting 10am Crochet & Knit 11am GROW YOUR KNOW: Anderson County Animal Shelter Presentation with adoptable furry friends  1pm-4pm Beginners Paint Class with Debbie	10am Technology with Jesse from the Library 10am-11:30am GROW YOUR KNOW: "Dementia Friends" class by Kelly Barnes-Novarro from River Valley Health. This is a resource for new or experienced spousal or familial caregivers. 10:30am Boggle 11am Community Paint 11am Bible Study 11:30am Walk with Debbie 1pm Drumming with Debbie	9am-2pm Hair by Tami 10am Mandolin Class 11am Community Paint 11am Choir Practice 11am Mindful Movements 1pm Bridge with Jo

Monday	Tuesday	Wednesday	Thursday	Friday
18	19	20	21	22
9am Mandolin Class 10am Guitar Class 10am Walk with Debbie 1pm Drumming with Debbie 2:30pm Intermediate Line Dancing	10am Donuts sponsored by Colt Jennings, ex-Anderson County Senior Services Board Member 2022-2024 and Senior handrail installer 10am Walk with Debbie 11AM BINGO with Emerson from Shalom Hospice 11am Bible Study 11am Mindful Movements 12pm Music by Wade 12:45pm GROW YOUR KNOW Joy from AC ARF/ SARG presents <i>How to Provide for Your Fur Family Members</i> if something happens to you 1pm Beginner Line Dance	9:30am-12pm Quilting 10am Crochet & Knit 12:45pm Domestic Violence training session 1 by Charice from the Family Justice Center 1pm-4pm Beginners Paint Class with Debbie	10am Technology with Jesse from the Library 10:30am Boggle 11am Community Paint 11am Bible Study 11:30am Walk with Debbie 1pm Drumming with Debbie	9am-2pm Hair by Tami 10am Mandolin Class 11am Community Paint 11am Mindful Movements 1pm Bridge with Jo
25	26	27	28	29
9am Mandolin Class 10am Guitar Class 10am Walk with Debbie 1pm Drumming with Debbie 2:30pm Intermediate Line Dancing	10am Walk with Debbie 10am-12pm and 2pm – 4pm Wills and Trusts 1:1's with Greg Davis 11am Bible Study 11am Mindful Movements 12pm Music by Wade 1pm Beginner Line Dance	9:30am-12pm Quilting 10am Crochet & Knit 12:45 Mood and Food with Kenny from Humana 1pm – 3pm Open Studio Techniques in Painting with Debbie	10am Technology with Jesse from the Library 10:30am Boggle 11am Community Paint 11am Bible Study 11:30am Walk with Debbie 1pm Drumming with Debbie	9am-2pm Hair by Tami 10am Mandolin Class 11am Community Paint 11am Choir Practice 11am Mindful Movements 12:30 Connected Nations 1pm Bridge with Jo 1:30 BINGO by Kris Brinkmeier from Home Instead