





DECEMBER 2024 - ACTIVITIES CALENDAR AT THE ANDERSON COUNTY SENIOR CENTER

SENIOR NUTRITION MEALS ARE SERVED AT NOON MONDAYS THROUGH FRIDAYS. SIGN UP IN ADVANCE AT FRONT DESK OR CALL 865-457-3259 TO ADD YOUR NAME TO THE LIST.

CHRISTMAS LUNCH IS DECEMBER 20TH. THIS IS A SEPARATE SIGN IN SHEET. PLEASE SIGN UP AT THE FRONT DESK BY DECEMBER 17. DUE TO THE HOLIDAY SCHEDULE, CALENDAR MAY BE SUBJECT TO CHANGE



Monday		Tuesday		Wednesday		Thursday		Friday	
SUDOKU	2	BOGGLE	3		4	BOGGLE	5		6
9AM Mandolin Class 9AM-1PM Hair with Tami 10AM Guitar Class 10AM Community Accupuncture with Penelope 10:30AM Sudoku with Julie 11AM Presentation and BINGO by Rebecca with Humana 2:30PM Line Dancing		9AM-1PM Hair with Tami 10:30AM Speedy Senior Speaker Series - County Clerk Jeff Cole 11:00 AM BINGO by Shaylan with Legacy Home Health 11:00AM Bible Study 12PM - 1PM Music by Wade Johnson 1PM Chair Yoga by Patricia with UT 1PM-4PM Clinch River Needleworkers led by Denise Crenshaw		9AM-1PM Hair with Tami 10AM Art with Vivian - How to paint with balloons 10AM Crochet/Knit Class 12:45PM Building Stronger Bones presented by Salae from Humana 1PM Bridge! Learn or Play		9AM-1PM Hair with Tami 10AM Technology-Jesse with Library 10:30AM Speedy Senior Speaker Series - Scott Nation Anderson County Veterans Service 11AM Bible Study 1PM Chair Yoga by Patricia with UT 1PM Community Paint Class 1:30PM BINGO by Linda with Health Markets		9 AM Mandolin Class 11AM Commuunity Paint Class with Kim Flowers in Different Mediums 11AM Choir 1PM BINGO A special Bingo exclusively by our Judy Gaines for the seniors!	
SUDOKU	9	BOGGLE	10		11	BOGGLE	12		13
9AM Mandolin Class 9AM-1PM Hair with Tami 10AM Pet Food Program Pick up day 10AM Guitar Class 10AM Community Accupuncture with Penelope 10:30AM Sudoku with Julie 10:30AM Speedy Senior Speaker Series - City of Clinton Fire Marshall Daniel Adams 11AM BINGO with Rhonda from Sacred Ground 2:30PM Line Dancing		9AM-1PM Hair with Tami 10:30AM Speedy Senior Speaker Series - Sheriff Russell Barker 11:00AM Bible Study 12PM - 1PM Music by Wade Johnson 12:45PM Scott Thomas with EMS 1:30PM BINGO with Caris Healthcare 1PM-4PM Clinch River Needleworkers led by Denise Crenshaw		9AM-1PM Hair with Tami 10AM Crochet/Knit Class 1:30PM BINGO with OFFICE ON AGING 1PM Bridge! Learn or Play 2:30PM BOOK CLUB with Director of Clinton Library Miria Webb		9AM-1PM Hair with Tami 10AM Art with Vivian - Painting with Chains 10AM Technology-Jesse with Library 11AM Bible Study 1PM Chair Yoga by Patricia with UT 1PM Community Paint Class 12:45PM Celebration of December Birthdays! 1:30PM BINGO - A SPECIAL BINGO PRESENTED BY COUNTYWIDE ELECTED OFFICIALS		9 AM Mandolin Class NOON - 3PM - Have your lunch and join us for a roaring good time with entertainment by Sweet Baby Ray. Dress up as Cowgirls and Cowboys! Get ready to dance!	
SUDOKU	16	BOGGLE	17		18	BOGGLE	19		20
Mandolin and Guitar Classes - delayed or cancelled depending upon class leaders 9AM JOIN US AS WE WELCOME ST. MARY'S CHILDREN'S CHOIR (PRE-K, KINDERGARTEN, FIRST GRADE) TO THE SENIOR CENTER 10AM Community Accupuncture with Penelope (time could be delayed) 10:30AM Sudoku with Julie 1PM BINGO called by and made by our own seniors Lynna and Joan! 2:30PM Line Dancing		9AM-1PM Hair with Tami 10AM Art with Carolyn - Christmas Cards 10AM Lisa Huskey with ETHRA - presentation on SNAP benefits and more 11:00AM Bible Study 12PM - 1PM Music by Wade Johnson 1PM Art with Kim - Shading with Different Pencils 1PM-4PM Clinch River Needleworkers led by Denise Crenshaw		9AM-1PM Hair with Tami 10AM Crochet/Knit Class 12:45PM A Diabetes Talk with Madison Moore from the Department of Health 1:30PM BINGO with Lornes with MorningPointe 1PM Bridge! Learn or Play		9AM-1PM Hair with Tami 10AM Technology-Jesse with Library 11AM Bible Study 1PM Chair Yoga by Patricia with UT 1PM Community Paint Class - Art with Kim - Christmas Stocking painting on 8x10 canvas		9 AM Mandolin Class 11AM Choir 11:15 NEW! Mindful Movements with our Julie NOON - CHRISTMAS LUNCH PREPARED SPECIAL FOR EVERYONE. 1:45PM BINGO WITH OUR COUNTY COMMISSIONERS!	

Monday		Tuesday		Wednesday		Thursday		Friday	
SUDOKU	23	CLOSED	24	CLOSED	25	BOGGLE	26		27
9AM Mandolin Class 9AM-1PM Hair with Tami 9AM - 12PM VoiHearing 10AM Guitar Class 10AM Community Accupunture with Penelope 10:30AM Sudoku with Julie 1PM - 3PM SENIOR CENTER TEAMBUILDING WITH PUZZLE TEAMS AND A SPECIAL NAME THAT TUNE GAME BY JULIE AND ROBYN 2:30PM Line Dancing						9AM-1PM Hair with Tami 10AM Technology-Jesse with Library 11AM Bible Study 1PM - 3PM Cornhole and other games 1PM Community Paint Class		9 AM Mandolin Class 11AM Commuity Paint Class - Beginning Basics with Kim 11:15 NEW! Mindful Movements with our Julie 1PM - 3PM Cornhole	
SUDOKU	30	BOGGLE	31	CLOSED	1				
9AM Mandolin Class 9AM-1PM Hair with Tami 10AM Guitar Class 10AM Community Accupunture with Penelope 10:30AM Sudoku with Julie 1PM - 3PM SENIOR CENTER TEAM BUILDING WITH A FUN GAME! 2:30PM Line Dancing		9AM-1PM Hair with Tami 11:00AM Bible Study 12PM - 1PM Music by Wade Johnson 1PM-4PM Clinch River Needleworkers led by Denise Crenshaw							

MAY YOU AND YOUR FAMILIES HAVE A BLESSED HOLIDAY SEASON