

JANUARY 2025 - ACTIVITIES CALENDAR AT THE ANDERSON COUNTY SENIOR CENTER

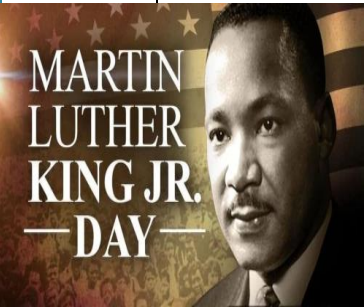
SENIOR NUTRITION MEALS ARE SERVED AT NOON MONDAYS THROUGH FRIDAYS. SIGN UP IN ADVANCE AT FRONT DESK OR BY CALLING 865-457-3259



This month we begin enrollment into the Anderson County Get Up and Go Passport Program!

See Julie or Robyn for more details.

Monday		Tuesday		Wednesday		Thursday		Friday	
				CLOSED	1	BOGGLE	2		
<p>There are sign up sheets available for the following events in January: VolHearing, Massage Therapy, Cindy Yearick with i2, interest in Quilting. Advanced sign up at front desk for February 6 Library Card Event. <i>It is important that you sign up for those services you wish to attend ahead of time.</i></p>		<p>Enjoy Gardening? UT Extension Institute of Agriculture has an opportunity for you. Applications are accepted through January 15th. See the Bulletin Boards for more information.</p>				<p>10AM Technology-Jesse with Library 10:30AM Boggle with Julie 11AM Bible Study 11AM NEW! T'ai Chi with Jo - 1st Class 1PM Community Paint Class</p>		<p>9 AM Mandolin Class 11AM Community Paint Class 11AM Choir 11:15 AM Mindful Movements with Julie 1PM BINGO by OOA - Introduction to the Get Up and Go Passport Program first and presented by Robyn and Julie.</p>	
SUDOKU	6	BOGGLE	7			BOGGLE	9	10	
<p>9AM Mandolin Class 10AM Guitar Class 10:30AM Sudoku with Julie 11AM - NOON First - Sign up for the Get Up and Go Passport Program with Julie and Robyn 2:30PM Line Dancing</p>		<p>All Day - Sign up for the Get Up and Go Passport Program 10:30AM Boggle with Julie 11AM NEW! T'ai Chi with Jo 11:00AM Bible Study 11:15AM Madison Moore from Health Department - Keep Moving! 12PM - 1PM Music by Wade Johnson 1:00PM BINGO with Derrick Johnson 1PM-4PM Clinch River Needleworkers led by Denise Crenshaw</p>		<p>10AM Crochet/Knit Class 10:15 - 11AM Sign up for the Get Up and Go Passport Program 11AM Greg McBroom, Director of Community Relations with Anderson County Sheriff's Office presents <i>Scams</i> 1:00PM NEW! LEARN SIGN LANGUAGE! Ja'el from United Healthcare teaches every month 1PM NEW TIME Bridge! Learn or Play 2:00PM Q&A about United Healthcare 2:30PM BOOK CLUB with Director of Clinton Library Miria Webb</p>		<p>10AM Art with Vivian 10AM Technology-Jesse with Library 10:30AM Boggle with Julie All day - Sign up for the Get Up and Go Passport Program 11AM NEW! T'ai Chi with Jo 11AM Bible Study 1PM Chair Yoga by Patricia with UT - NEW CLASS STARTING! RUNS THROUGH FEBRUARY 13th 1PM Community Paint Class</p>		<p>9 AM Mandolin Class 11AM Community Paint Class with Kim Landscapes 11AM Choir 11:15 AM Mindful Movements with Julie</p>	
SUDOKU	13	BOGGLE	14			BOGGLE	16	17	
<p>9AM Mandolin Class 10AM Guitar Class 10AM - 2PM NEW: Massage Therapy 10AM PET FOOD PROGRAM PICK UP - Drive to the back of the building 10:30AM Sudoku with Julie 2:30PM Line Dancing</p>		<p>9-12 VolHearing 10AM Art with Carolyn - Cards! Cards! Cards! 10:30AM Boggle with Julie 11AM NEW! T'ai Chi with Jo 11:00AM Bible Study 12PM - 1PM Music by Wade Johnson 1PM-4PM Clinch River Needleworkers led by Denise Crenshaw</p>		<p>10AM Crochet/Knit Class 1PM Weight Loss Challenge Announcement with Julie 1:30PM BINGO with Isis York from MorningPointe 1PM Bridge! Learn or Play</p>		<p>10AM Technology-Jesse with Library 10:30AM Boggle with Julie 11AM Bible Study 11AM NEW! T'ai Chi with Jo 12:45PM Cindy Yearick with i2 - Important Plan Comparison for Dual Members of Medicare and TennCare 1PM Chair Yoga by Patricia with UT</p>		<p>9 AM Mandolin Class 11:15 NEW! Mindful Movements with our Julie 1:30PM BINGO with Anne Backus</p>	

Monday		Tuesday		Wednesday		Thursday		Friday	
CLOSED	20	BOGGLE	21		22	BOGGLE	23		24
		10AM Weight Loss Challenge begins - measurements and weigh-ins - see Julie! 10:30AM Boggle with Julie (may be a little late today) 11AM NEW! T'ai Chi with Jo 11:00AM Bible Study 12PM - 1PM Music by Wade Johnson 1PM-4PM Clinch River Needleworkers led by Denise Crenshaw		10AM Crochet/Knit Class 12:45PM Celebrate January Birthdays after lunch 11 AM BINGO Mugging it Up with Judy Gaines - her own gift to the center! 1PM Bridge! Learn or Play		10AM Technology-Jesse with Library 10AM Community Craft Room - Ink Stamping by Kim and Vivian 10:30AM Boggle with Julie 11AM Bible Study 11AM NEW! T'ai Chi with Jo 1PM Chair Yoga by Patricia with UT		9 AM Mandolin Class 10AM Community Craft Room - Got a Valentine? 11AM Choir 11:15 NEW! Mindful Movements with our Julie NOON - HAVE LUNCH WITH MAYOR FRANK 1PM Suzie Housley will be here from Yes GoTravel! She will unveil her 2025 itinerary!	
SUDOKU	27	BOGGLE	28		29		30		31
9AM Mandolin Class 10AM Guitar Class 10AM - 2PM NEW: Massage Therapy 10:30AM Sudoku with Julie 2:30PM Line Dancing		10:30AM Boggle with Julie 11:00AM Bible Study 11AM NEW! T'ai Chi with Jo 12PM - 1PM Music by Wade Johnson 1PM-4PM Clinch River Needleworkers led by Denise Crenshaw		<i>Today is Chinese New Year! Did you get your fortune cookie?</i> 10AM Crochet/Knit Class 1pm BINGO by OOA 1PM Bridge! Learn or Play		10AM Technology-Jesse with Library 10:30AM Boggle with Julie 11AM Bible Study 11AM NEW! T'ai Chi with Jo 1PM Chair Yoga by Patricia with UT		9 AM Mandolin Class 11:15 NEW! Mindful Movements with our Julie LAST DAY TO SIGN UP FOR THE GET UP AND GO PASSPORT PROGRAM!	

CALENDAR SUBJECT TO CHANGE! CHECK UPDATES IN THE CENTER OR ONLINE AT
<https://andersoncountyttn.gov/office-on-aging-senior-center/>