


OCTOBER 2024 ACTIVITIES CALENDAR AT THE ANDERSON COUNTY SENIOR CENTER

SENIOR MEALS - NOON ON TUESDAYS, WEDNESDAYS AND THURSDAYS - MUST SIGN UP IN ADVANCE AT FRONT DESK OR CALL IN 865-457-3259 TO ADD YOUR NAME TO THE LIST.

*****PICK OF THE MONTH: SIGN UP FOR AARP'S DRIVING COURSE TO LOWER YOUR MONTHLY INSURANCE PREMIUMS UPON COMPLETION (PERCENTAGE OF SAVINGS DEPENDS ON YOUR INSURANCE COMPANY) - THIS IS A 2 DAY CLASS OCTOBER 21 & 22 - SEE OR CALL JULIE TO SECURE YOUR SEAT AND OBTAIN ADDITIONAL INFORMATION******

Monday		Tuesday		Wednesday		Thursday		Friday		
MEDICARE OPEN ENROLLMENT BEGINS OCTOBER 15TH. GET ALL YOUR INFORMATION BEFORE THEN AT THE CENTER FROM THE EXPERTS. SHIP FROM THE STATE WILL BE HERE THIS MONTH.		BOGGLE	1	<p>9AM-1PM Hair with Tami 10AM Second Chance Jewelry with Carolyn in the Craft Room 11AM Bible Study 11AM UT Vaccination Clinic 11AM - 12PM UT Walk with Ease 12PM Senior Nutrition 12PM - 1PM Music by Wade Johnson 1PM-4PM Clinch River Needleworkers led by Denise Crenshaw</p>		2	BOGGLE	3	<p>9AM Mandolin Class 10AM Medicare pre-AEP United Healthcare Informal Presentation and Open House by Ja'el Michael 11AM Choir (meet in Fitness Room) 11AM Community Paint Class - Beginning Basics with Kim</p>	
		<p>9AM-1PM Hair with Tami 10AM Anderson County Veterans Service Director Scott Nation 10:30AM NEW! Sudoku with Julie 11AM - 12PM UT Walk with Ease 11AM Bible Study 12PM Senior Nutrition 12PM - 1PM Music by Wade Johnson 1PM Madison Insurance Group Presentation then BINGO 1PM-4PM Clinch River Needleworkers led by Denise Crenshaw</p>				<p>9AM-1PM Hair with Tami 10AM Crochet/Knit Class 10AM COVENANT Grief Discussion with Pastor Allison with Health Markets 10:45AM HISTORY TALK - Mr. Corwin Witt from the American Museum of Science and Energy 12PM Senior Nutrition 12PM Bridge with Jo! Learn or Play 2:30PM Book Club with Director of Clinton Library Miria Webb</p>		<p>9AM-1PM Hair with Tami 10AM Technology-Jesse with Library 10:30AM Medicare pre-AEP Presentation by Allison with Health Markets 11AM Bible Study 11AM - 12PM UT Walk with Ease 12PM Senior Nutrition 1PM Community Paint Class 1PM Community Paint Class</p>		
7		BOGGLE	8	9		BOGGLE	10	11		
<p>9AM Mandolin Class 9AM-1PM Hair with Tami 10AM Guitar Class 10AM Community Accupuncture with Penelope 1:30PM BINGO by Hannah from Synergy 2:30PM Line Dancing</p>		<p>9AM-1PM Hair with Tami 10AM Art with Carolyn 10:30AM NEW! Sudoku with Julie 11:00AM Bible Study 11AM - 12PM UT Walk with Ease 12PM Senior Nutrition 12PM - 1PM Music by Wade Johnson 1PM-4PM Clinch River Needleworkers led by Denise Crenshaw 1:30 BINGO with Monica Carroll from Keller Williams</p>		<p>9AM-1PM Hair with Tami 10AM Croc/Knit Class 10AM COVENANT Grief Discussion with Pastor 10:45AM HISTORY TALK - Mr. Corwin Witt from the American Museum of Science and Energy 12PM Senior Nutrition 12PM Bridge with Jo! Learn or Play 2:30PM Book Club with Director of Clinton Library Miria Webb</p>		<p>9AM-1PM Hair with Tami 9AM - 12PM Screening Life Frequency Hearing 10AM Technology-Jesse with Library 11AM Bible Study 12PM Senior Nutrition 1PM BINGO with Haven Healthcare 1PM Community Paint Class</p>		<p>9 AM Mandolin Class 11AM Community Paint Class 11AM Community Paint Class - Beginning Basics with Kim 11AM - 12PM UT Walk with Ease</p>		
14		BOGGLE	15	16		BOGGLE	17	18		
<p>9AM Mandolin Class 9AM-1PM Hair with Tami 10AM Pet Food Distribution - Contact Katrina 10AM Guitar Class 10AM Community Accupuncture with Penelope 2:30PM Line Dancing</p>		<p>9AM-1PM Hair with Tami 10:30AM NEW! Sudoku with Julie 11:00AM Bible Study 11AM - 12PM UT Walk with Ease 12PM Senior Nutrition 12PM - 1PM Music by Wade Johnson 1PM-4PM Clinch River Needleworkers led by Denise Crenshaw 1:30 BINGO with Monica Carroll from Keller Williams</p>		<p>9AM-1PM Hair with Tami 10AM Croc/Knit Class 12PM Senior Nutrition 12:30PM LifeFrequency Hearing with Luke Amos (and dessert too!) 2PM Bridge with Jo! Learn or Play</p>		<p>9AM-1PM Hair with Tami 9AM - 12PM Screening Life Frequency Hearing 10AM Technology-Jesse with Library 11AM Bible Study 12PM Senior Nutrition 1PM BINGO with Haven Healthcare 1PM Community Paint Class</p>		<p style="color: red; text-align: center;">SHIP WILL BE HERE DURING THE DAY TO DISCUSS EVERYTHING MEDICARE</p> <p>9AM Mandolin Class 11AM Choir 11AM Community Paint Class - Beginning Basics with Kim</p>		
21		BOGGLE	22	23		BOGGLE	24	25		
<p>9AM Mandolin Class 9AM-1PM Hair with Tami 10AM Community Accupuncture with Penelope 10AM Guitar Class 11AM - 3PM AARP'S COURSE PART 1; BROWN BAG YOUR LUNCH 2:30PM Line Dancing</p>		<p>9AM-1PM Hair with Tami 10:30AM NEW! Sudoku with Julie 11AM Art with Carolyn 11-12PM UT - Walk with Ease 11AM - 3PM AARP'S COURSE PART 2; LUNCH IS SENIOR NUTRITION 12PM Senior Nutrition 12PM - 1PM Music by Wade Johnson 1PM-4PM Clinch River Needleworkers led by Denise Crenshaw</p>		<p style="text-align: center;"></p> <p>9AM-1PM Hair with Tami 10AM Croc/Knit Class 10AM COVENANT Grief Discussion with Pastor Allison with Health Markets 12PM Senior Nutrition 12:30PM CELEBRATE OCTOBER BIRTHDAYS! 1:30PM BINGO with Lones Green from Morningpointe 2PM Bridge with Jo! Learn or Play</p>		<p>9AM-1PM Hair with Tami 10AM Technology-Jesse with Library 11AM BINGO with Shaylan at Legacy Home Health 11AM Bible Study 11-12PM NEW UT - Walk with Ease 12PM Senior Nutrition 1PM Community Paint Class 1PM Caitlin with Mental Health of East TN - Anxiety and Depression</p>		<p>9 AM Mandolin Class 11AM Community Paint Class - Beginning Basics with Kim 11-12 UT - Walk with Ease</p>		
28		BOGGLE	29	30		BOGGLE	31			
<p>9AM Mandolin Class 9AM-1PM Hair with Tami 10AM Guitar Class 10AM Community Accupuncture with Penelope 1PM BINGO with Anne Backus 2:30PM Line Dancing</p>		<p>9AM-1PM Hair with Tami 10:30AM NEW! Sudoku with Julie 11AM UT - Walk with Ease 12PM Senior Nutrition 12PM - 1PM Music by Wade Johnson 12:45 PM Ashley with Humana "Battling Dangerous Belly Fat"</p>		<p>9AM-1PM Hair with Tami 10AM Croc/Knit Class 10AM COVENANT Grief Discussion with Pastor Allison with Health Markets 12PM Senior Nutrition 2PM Bridge with Jo! Learn or Play</p>		<p>9AM-1PM Hair with Tami 10AM Technology-Jesse with Library 11AM Bible Study 11-12PM UT - Walk with Ease 12PM Senior Nutrition 1PM Rebecca from Humana - Presentation and BINGO 1PM Community Paint Class</p>				

