

Monday	Tuesday	Wednesday	Thursday	Friday
		10:00 Crochet/Knit Class 10:00 Worker & Volunteer Training 1:00 Bingo-Canterfield 1:00 Council on Aging 2:00 Rummikub	10:00 Technology Class 10:15- Painting outreach at morning point 11:00 Bible Study 1:00-Painting class (St. Patty's hat and flowers)	10:00 TN History Class 11:00 Choir Practice 1:00 Alzheimer's Walk Team Meeting *Last day to submit stories for contest. (looking for Men to join our Choir)
10:00 Guitar Classes 12:30 Karaoke 1:00 Mystery book club introduction 2:30 Line Dancing	6 9:00 – 12:00 BP Checks Haircuts by Janet 10:00 Chat with Cherie 10:30 Drumming for Fitness 11:00 Bible Study 12:00 Legal Aid Society 1:00-Bingo W/WYSH Merle radio	8 10:00 Crochet/Knit Class 10:00 introduction to Partner walking – sign up 11:00-11:45 Yoga w/ Kelly \$5 1:00 Bingo Morning Point 2:00 Rummikub	9 9-12 pm Blood Pressure 10:00 Technology Class 11:00 Bible Study 1:00-Painting class (He is Risen part 1)	10 10:00 TN History Class 11:00 Choir Practice 1:00 Alzheimer's Walk Team Meeting Health Fair 1-4:30pm (looking for Men to join our Choir)
10:00 Guitar Classes 10:00 Pet Food Distribution 1:00: Bingo OOA 2:30 Line Dancing	13 9:30 Dental Clinic 9:00 – 12:00 BP Checks Haircuts by Janet 10:30 Drumming for Fitness 11:00 Bible Study 12:00 Old Timers Music 1:00- Bingo with Claire United Healthcare	15 10:00 Crochet/Knit Class 10:00 Partner walking 1:00- Painting Techniques class Color Mixing, make a reference chart with primary colors. 2:00 Rummikub	16 10:00 Technology Class 11:00 Bible Study 1:00-Painting class (He is Risen part 2) 1:30- Healthy Weight Education	17 1:00- St. Patrick's Day party and FISH FRY! Call Cherie to Reserve your seat! (looking for Men to join our Choir)
10:00 Guitar Classes 1:00 Craft Class by Redith: Easter Craft See Redith for Details & Price 2:30 Line Dancing	21 Haircuts by Janet 10:00 chat w/ Cherie 10:30 Drumming for Fitness 11:00 Bible Study 12:00 Old Timers Music 1:00- Bingo with Casey Caris Hospice	22 10:00 Crochet/Knit Class 10:00 Partner walking 11:00-11:45 Yoga w/ Kelly \$5 2:00 Rummikub	23 9-12 pm Blood Pressure 10:00 Technology Class 11:00 Bible Study 1:00-Painting class Big art Challenge (16x20 Lavender Field part 1)	24 10:00 TN History Class 11:00 Choir Practice 1:00 Alzheimer's Walk Team Meeting 2-4pm Open Painting Studio (looking for Men to join our Choir)
10:00 Guitar Classes 12:30 Karaoke 2:30 Line Dancing 1:00 Mystery book club	27 9:00 – 12:00 BP Checks Haircuts by Janet 10:00 Chat with Cherie 10:30 Drumming for Fitness 11:00 Bible Study 12:00 Singing by Roger Larkin 1:00 Bingo by the Waters	29 10:00 Crochet/Knit Class 10:00 Partner walking 11:00-11:45 Yoga w/ Kelly \$5 2:00 Rummikub	30 9-12 pm Blood Pressure 10:00 Technology Class 11:00 Bible Study 1:00-Painting class (Lavender Field part 2) 1:30- Healthy Weight Education	31 10:00 TN History Class 11:00 Choir Practice 1:00 Alzheimer's Walk Team Meeting (looking for Men to join our Choir)

Lunch Served Daily at 12:00 Noon: Lunch free for seniors, but we do gladly accept donations.